



**VIDYASAGAR COLLEGE FOR WOMEN**

NAAC ACCREDITED

39, Sankar Ghosh Lane, Kolkata 700006



IQAC in association with Medical Cell presents

**A Webinar on  
Online Education : Convenience or Curse**

**SPEAKER**

**Dr. Biswarup Mukherjee  
ENT, Head and Neck Surgeon  
AMRI Hospitals, Kolkata.**

TUESDAY, MARCH 15<sup>TH</sup> 2022 AT 8PM

join us

<https://meet.google.com/tze-bcfn-uon>

**On March 15, 2022, at 8pm Dr. Biswarup Mukherjee spoke on “Online Education: Convenience or Curse” on our Google Meet platform.**

The term “online education” became a household name when the pandemic engulfed the entire world and people were locked behind closed doors at home. People could realise the tremendous potential of this facility and online education and telecommunication started to be extensively used at offices, teaching platforms, and online meetings. Though the situation is much better now and offline activities have started gaining momentum yet online platform seems to stay both for education and for work. Now the continued use of smart devices is fraught with several health-related issues, both physical and mental. It not only affects hearing and balance but also cognition, sleep patterns and cardiovascular issues are known to occur. These problems tend to persist even if the use of smart devices is discontinued. Dr. Mukherjee mentioned that we need to strike a balance between the use of these devices and taking care of our health. Dr. Mukherjee discussed the ways by which we may minimise the damaging effects of these devices and at the same time continue using online platforms judiciously. The webinar was successfully organised by the Medical cell of Vidyasagar College for Women. Faculty members and students from all departments attended the online event.