



Vidyasagar College For Women

NOTICE

All students of our college are hereby informed that Higher Education Department, Government of West Bengal is going to organize North Kolkata Inter College **District level Games and Sports Championship on 17th january 2026 (Athletics), 19th janury 2026 (Kho Kho) and 21st january 2026(Kho Kho)**. Interested students are requested to contact prof. Ganesh Hembram (7044361676) and prof. Suman Bandyopadhyaya(9830611810) **within 3rd january 2026**.

Details information of Games and Sports are given below.

Dt. 22.12.2025

Dr. Sutapa Ray

Principal
Principal

Vidyasagar College for Women
Kolkata-700006

**RULES AND REGULATIONS OF ATHLETICS, FOOTBALL AND KHO-KHO FOR
INTER COLLEGE STATE SPORTS & GAMES CHAMPIONSHIP, 2025-2026**

The Inter College State Sports & Games Championship, 2025-2026 started in the year 1988 among the Government Colleges of West Bengal and in the year 1989 among Government Sponsored / Aided Colleges. Later on in the year 2014 both the events were merged and named as **Inter College State Sports and Games Championship**.

The Inter College State Sports & Games Championship, 2025-2026 will be held tentatively from **24th February, 2026 to 02nd March, 2026 at the State level**. The said championship will be organized in two phases viz. (a) District level Competition (Inter College) and (b) State level Competition (Inter District). Education Directorate, Govt. of West Bengal have taken such arrangements so that maximum Govt. Colleges and Govt. aided Colleges (including Technical, Art & Craft, Technological, B.Ed. and B.P.Ed.) can take part in the said championship. For this purpose in every district, there will be a host college selected to organize district level Athletic Meet, Football (Men) and Kho - Kho (Women) Championship.

It has been decided that the **District level Athletic Meet, Football Championship and Kho-Kho Championship** should be completed within **15th January, 2026 to 31st January, 2026** and entries will be forwarded to Dr. Subrata Mukhopadhyay, DDPI, 8th Floor, Room No. 822, Bikash Bhavan, Salt Lake, Kolkata in hard copy and soft copy (E mail: ednstatesports26@gmail.com) **on or before 12th February, 2026** without fail.

The state championship will be held at **SAI NSEC, Kolkata and Vivekananda Yuba Bharati Krirangan, Salt Lake, Kolkata** in the under mentioned events:

In athletic meet, there will be separate competitions for Men & Women in District and State level.

EVENTS

MEN

1. 100 M Run
2. 200 M Run
3. 400 M Run
4. 800 M Run
5. 1500 M Run
6. High Jump
7. Long Jump
8. Javelin Throw
9. Shot Put
10. Discus Throw

WOMEN

1. 100 M Run
2. 200 M Run
3. 400 M Run
4. 800 M Run
5. 1500 M Run
6. High Jump
7. Long Jump
8. Javelin Throw
9. Shot Put
10. Discus Throw

4×100 M Relay Race for Men & Women to be held only at the **State level** competition; and teams will be formed among the qualifying athletes of the districts only.

This year also Kho - Kho competition will be organized for the women only at district as well as state level.

RULES AND REGULATIONS OF THE CHAMPIONSHIP

A. ELIGIBILITY RULES:

This competition is under the jurisdiction of Department of Higher Education, Govt. of W.B. The Rules for the said tournament have been constituted by the core committee formed by the Education Directorate.

1. Age Limit: Age limit of the students shall be of maximum 23 years for U.G. students, 25 years for P.G. and B.P.Ed. students and 27 years for M.P.Ed. students as on 31st March 2026.
2. Only bona fide, full-time regular students who is currently and officially enrolled/registered for a degree course at the college or institute level.
3. Bona-fide students:-
 - (a) For U.G. and P.G. 1st & 2nd Semester students only Admission pay slip and University Registration Certificate.
 - (b) For 3rd, 4th, 5th & 6th Semester students only Pass/Fail mark sheet/Admit Card of previous Exam. & University Registration Certificate.
 - (c) No Dropout student can be considered as bona fide student.
 - (d) Provisional Admission to a course of a college shall not make the student as bona fide to participate in Inter college State Sports and Games Championship 2024-25.

4. In case of a student migrating from one University to another, his/her migration case will be considered eligible only after his/her admission in the new college is regularised and he/she is admitted as a bona fide student by the new University.
5. Students of Vocational courses or Certificate courses will not be eligible to take part in the competition.

B. DOCUMENTS REQUIRED FOR PARTICIPATION

1. Every Competitor will have to submit the attested copy of his/her **Admit Card of Madhyamik Pariksha or Equivalent Examination, Mark Sheet of H.S. (10 + 2) Examination, Previous Semester Mark Sheet** (if mark sheet is not available, then Admit card) for 2nd, 3rd, 4th, 5th & 6th Semester. **University Registration Certificate** for 2nd, 3rd, 4th, 5th & 6th Semester students, **Current session Fees Book** for all semesters & **Current session College Identity card** (facsimile shall not be entertained) along with the eligibility proforma and Education Directorate provided Identity Card proforma.
2. The **Current Session Fees Book** of the participating students must be attested by the **Principal / Teacher-in-Charge / Officer-in-charge of the college**.
3. The Principal / Teacher-in-Charge / Officer-in-Charge of the college will sign on the photographs of the competitors in such a manner so that their seal & signature may cover the photos (Except the face) & the remaining portion of the eligibility proforma.
4. **No undertaking will be accepted** from the escorting teacher regarding the eligibility documents before the scheduled match.
5. The Principal / Teacher-in-Charge / Officer-in-Charge of the host college and & Government Observer are requested to check whether the **eligibility check list** along with the **eligibility proforma** has been filled up properly before submission to the Education Directorate.
6. All the original documents of each participant must be produced by the escorting teachers of their respective college / districts before participating in the district / state level competitions. **The documents of each participant should be arranged along with the eligibility proforma as per the following sequence before submission to the host college:**
 - (i) **Admit card of Madhyamik or Equivalent Examination** (ii) **Mark Sheet of H.S.** (iii) **Mark Sheet (Fail / Pass)** (If Marksheet is not available then Admit Card) of previous Semester (iv) **University Registration Certificate** (v) **Current Session fees book.** (vi) **Current Session Identity card of the present college and the district championship** (vii) **Education Directorate provided Identity Card proforma**
7. All the Govt. Observers, Principals, Teacher-in-Charges & Officer-in-Charges are requested to send a **Combined Single Eligibility Proforma of Athletic, Football & Kho-Kho teams** based on the records and verification of the documents submitted by the participants in district level from their district to the Education Directorate.

C. GUIDELINES FOR ATHLETICS CHAMPIONSHIP

1. Two competitors per event in Athletics (both Men & Women separately) can take part from each college for the district championship.
2. A competitor will be allowed to take part in **maximum three (3) events excluding 4×100mts relay race**.
3. If in any particular event there are less than five competitors, a selection trial will be taken and the standard winning competitors may be sent to state level with prior discussion with the Government Observer.
4. In each event a college will send the first two position (1st & 2nd) holders (both Men & Women separately) in Athletics for the district championship. The first two position holders (both Men & Women separately) in each event at the district championship will be entitled to represent the district at the State Level Championship.
5. If there is any **Tie in any event** in second position, all the athletes in tie-position, along with the 1st position holder will be allowed to take part in State level competition.
6. In Athletics every host district will send **one regular male and one regular female teacher as escort and one attendant** along with the district athletic team during state championship and they will be selected by the Host College in consultation with the Government Observer.
7. **No team in any case will be entertained without the regular teacher escort. If the team reports either for the district or state championship without regular teacher escort will be sent back immediately/will not be allowed to participate.**

8. The teacher escort will have to stay at the venue of the district / state championship throughout the tenure/the entire competition.
9. For the team championship, points to be calculated as per 5-3-1 point basis (First-5 points, Second-3 points, Third-1 point) including 4×100mts relay race (only in state championship).
10. It may please be noted that no athlete will be allowed to run in bare foot on the running track. The length of the nail for running shoes should not be more than 9 mm. In case of high-jump the length of the nails should be as per federation rules.

D. GUIDELINES FOR FOOTBALL TOURNAMENT.

1. One teacher escort and one attendant (Non -Teaching Staff) of champion Team/College (Selected by the host college) will accompany the district football team.
2. A team will comprise of only 18 players. The champion team of the district will be eligible to participate in the state championship. The players who participated at the district level will only be allowed to take part in the state championship.
3. The Football championship will be played on knock out basis.
4. The players' list to be submitted to the Referee before the start of the match mentioning the names of the players and their corresponding Jersey Nos. which cannot be changed throughout the championship. Name of maximum five substitute players can be written on the players' list. Players must use the same numbered Jersey throughout the tournament.
5. Not more than 3 players can be substituted in a match.
6. The team should report along with the teacher escort on the ground at least 30 minutes before the schedule time.
7. Players are not eligible to play without Football Boots, Shocks and Shin Guards.
8. The duration of the match will be 35+10+35 minutes & 45+10+45 minutes in Final Match. In case of draw the fate of the match shall be decided by direct Tie-breaker rules.
9. If any player receives two yellow cards in any level of tournament (district or state) shall automatically be suspended for the next match of the tournament.
10. A player who is sent off the field (with Red Card) shall be suspended for next two matches of the tournament.
11. Request for postponement of any match or change of date shall not be entertained. But due to unavoidable circumstances, the Organising Committee shall have the right to change the date, time and venue of the match, if so required.
12. No protest shall be entertained against the decision of the referee/officials.
13. Protest against any player on specific grounds with proper documents may be lodged in writing on their college letter head by the teacher escort to the Organising Secretary within half an hour before completion of the match with protest fees @2000/- which will be returned if the decision goes in favour of the complainant.
14. Team concerned shall be liable for suspension for any disturbance, misbehaviors of their players, students and escorting officials of the respective team during the matches. The participating teams are requested to take all necessary measures from their end for smooth conduct of the tournament.
15. In case of all disputes the decision of the technical committee will be final.
16. The district Football winning team will take part at the state championship in Kolkata. The Organising Secretary of the district championship must inform to the champion team the date and venue of reporting for state championship in due time.
17. Every College Football team should bring the Football & 2 sets of coloured Jerseys of which one set must be white. The jerseys must be numbered. Numbers of the Jerseys should not exceed No. 30. Jersey no. 1 must be reserved for the Goal Keeper. Jersey without number will not be allowed.
18. In case of identical coloured of the jersey of both the teams, the fate shall be decided by the toss of coin by the Referee. The team who loses shall be bound to change their Jersey.

E. GUIDELINES FOR KHO KHO (FOR WOMEN ONLY) TOURNAMENT

1. The competition will be conducted in accordance with the Rules & Regulations prescribed by the Kho Kho Federation of India which may be partly modified by the organising Committee at the state level, if required.
2. The Organising committee (District & State Level) will decide draws and seeding of the matches with the help of the state/district officials on the day of competition or before the competition.

3. The Organising committee will be the final authority for fixing / changing the programme of fixture and to settle any dispute arising during the tournament.
4. Request for postponement of matches mentioned in the fixture of the programmes will under no circumstances be granted.
5. The organising committee may change time and venue of the matches under unavoidable circumstances.
6. An individual college team will consist of maximum twelve (12) players and one Female Team Manager & one Coach for State level competition and one team Manager-Cum-Coach for District Level.
7. The college team (at the district or at the state) must have their own college jersey with printed numbers. Two sets of Jersey are to bring with the team. All the teams should bring two sets of Jerseys.
8. Only district Champion team will be sent for the State level Competition.
9. The name of the players once submitted by the district teams for the tournament shall not be changed under any circumstances.

F. DISQUALIFICATION FROM THE TOURNAMENT:

1. The district & state organising body reserves the right to verify the original documents/admission/attendance register or admission form and any other relevant papers as and when demanded by the Education Directorate in the event of any protest against any competitor of a particular college.
2. If it is found that in case of team game any ineligible participant represents the college team /district team, the said college team/district team will be scratched & penal action will be taken against the college by the Education Directorate, Govt. of W.B. In case of Individual game, the particular athlete or player will be penalized. In that case suspension of the team or player may be implied up to two years.

F. GENERAL GUIDELINES FOR THE PRINCIPALS, TEACHER-IN-CHARGES / OFFICER-IN-CHARGES & GOVERNMENT OBSERVERS

1. Every individual college will collect the Eligibility Proforma, Entry Forms, etc. from the Principal of the host colleges of their concerned district and will submit those (Properly filled in) along with the eligibility proforma supplied by the Education Directorate to the said Principal (Host College) on the date fixed by them.
2. **Principal / Teacher-in-Charge / Officer-in-Charge of the Host College** at the district will form the **organising committee** for his / her district championship comprising of District Magistrate / ADM / SDO / Dist. Officer for Phy. Edn & Youth Welfare / Dist. Organiser of Phy. Edn. / Principal / Teacher-in-Charge / Officer-in-Charge of Colleges of the district / sports personalities of the localities / Professors / Associate Professors / Assistant Professors / Physical Instructors of Govt. and Govt. aided Colleges.
3. A technical committee will have to be formed with technical persons and Government Observer. All disputes will be referred to that committee and their decision will be final at the District / State Level.
4. Principal / Teacher-in-Charge / Officer-in-Charge of the Host College of a particular district will be the Drawing & Disbursing Officer (Authority) of the amount to be sanctioned for the District Meet. The Principal / Teacher-in-Charge / Officer-in-Charge of the Host College will furnish the following positively to the office of the Education Directorate, Bikash Bhavan, (Room No. 822) Kolkata within 12th February, 2026.
 - a. List of eligible competitors for the state meet with Education Directorate's eligibility proforma and attested photocopy of other relevant papers duly countersigned by the Government Observer be submitted at the Education Directorate's office (Room No. 822).
 - b. Name of the District Football Champion Team along with the list of the registered players (18 only), the Eligibility proforma duly filled in and signed by the Principal of Host Colleges and countersigned by the Govt. Observer..
 - c. The colour of the eligibility proforma should be **Sky Blue** for State level, **Yellow** for Host College and **white** for the participating college.
 - d. All certificates must be numbered. Duly filled in counter parts of the certificates along with a statement of certificates (used / unused / cancelled) mentioning the serial numbers of the certificates to be submitted at the Education Directorate's office. Cancelled certificates should also be returned to the Education Directorate and in the counter part of the certificate "**CANCELLED**" should be mentioned.

- e. **Utilization Certificate** on proper format (SR330A) in triplicate, Statement of accounts (In Broad Head) in triplicate and other related papers will have to be submitted after the completion of the meet latest by **15th April, 2026**.
5. Every District will have to arrange the opening and the closing ceremony of the Athletic Meet, Football and Kho-Kho Championship as per with a standard sports meet.
6. Necessary sub-committees (As per Annexure – A) will have to be formed along with the formation of the organizing committee.
7. Specimen of the Eligibility Proforma, Entry form etc will be supplied to the participating colleges of his / her District.
8. It is the duty of the District Organizers to inform the (Date, time, venue and fixture of the state championship) competitors and the champion team (Football & Kho-Kho) through their Principal /Officer-in-Charge / Teacher-in-Charge. He / she should inform the names and telephone numbers of the teacher escort of his / her district with a request to make contact with them for further details.
9. The Government Observers be requested to remain present in each meeting of the Host College & during the district championship and to extend all co-operations for successful completion.
10. The Government Observers are requested to submit a detailed report of the meet in the prescribed proforma to Dr. Asis Ghosh, Jt. DPI, Education Directorate, Salt Lake, Kolkata (Room No. – 822) by 12th February, 2026 through soft copy and hard copy.
11. Prizes and Certificates (**For position holders only**) for the district meet will be prepared by the host college from the allotted fund.
12. Only qualified District / State level officials and Referees will have to be employed.
13. To ensure maximum participation the college authority (Host) is requested to circulate the information including rules and regulations to all the colleges of the concerned district and involve all concern for smooth conduct of the championship.
14. Government Observers appointed by the Education Directorate shall assist the organisers in all respect for the completion of the championship.
In all circumstances full co-operation and assistance for the successful completion of the Inter College State Sports & Games Championship, 2025 -26 at the district level competition will be provided by the Education Directorate, Government of West Bengal with all its strength. For further details or any other information; it is requested to contact with the Education Directorate with the following persons:
Dr. Asis Ghosh, 8910785119, Dr. Lakshmi Narayan Kaibarta, 9474177422 , Dr. Rupa Dasgupta, 9733846160, Dr. Badshah Ghosh ,8902292954 .
15. Organising Secretary of the district championship will have to send detail report within 12th February, 2026 to the mail ID mentioned above.

G. FUNDS AND EXPENDITURE

1. Necessary funds for conducting the Inter College State Sports & Games Championship, 2025 – 26 will be provided and will be placed at the disposal of the Principal / Teacher-in-Charge / Officer-in-Charge of the host college who will also act as the Organising Secretary. Principals / Teacher-in-Charges / Officer-in-Charges of the host colleges may contact with **Sri Gopinath Das**, ADPI, Accounts (Mob: 9163780253), **Sri Prithwiraj Chakraborty**, AD (DPI), (Mob: 7278106973) for necessary suggestions relating to technical process of expenditure.
2. The Fund will be made available for expenses towards for the following items:
 - a. Inauguration and Closing Functions
 - b. Prizes, Medals, Trophies, Certificates, Flag etc.
 - c. Stationary, Printing, Souvenir, Photography, Press & Publicity.
 - d. Conveyance and Accommodation to the Officials and Govt. Observers during the meet if required.
 - e. Honorariums to the Officials, contingency expenditure for the pre-meet, during-meet and post-meet works.
 - f. T.A. to Participants, Technical Officials, Teachers Escorts and Government Observers.
 - g. Refreshment for the Participants, Officials, Guest, etc.

3. The host college is requested to meet the expenditure from the allotted Government Fund only. **Further any other additional expenditure incurred** by the host college beyond the Government Fund for the district championship and state championship should be **borne by the host college**.

H. ELIGIBILITY CHECK LIST

Put the Tick (✓) mark against the name of the participants.

Sl No	Name of the Participants	Admit card of Madhyamik Pariksha or Equiv.	H.S. (10+2) Mark Sheet	Mark sheet/ Admit of Previous Semester	University Registration Certificate	Fees Book of Current Session	Current Session Identity Card of the Present College
1							
2							
3							
4							
5							
6							

Director of Public Instruction
West Bengal