



Vidyasagar College for Women

Affiliated to University of Calcutta

(Grade "A" Accredited by NAAC)

No.

Date 30.7.26

PERSONAL COUNSELLING CELL

NOTICE

All students of the college are hereby informed that the Personal Counselling Cell is organising a Poster Competition on the topic "**Triumph over Addiction**" as part of the ongoing Nasha Mukta Bharat Abhiyan (NMBA) awareness initiative. Interested students are encouraged to participate in large numbers. The details are given below:

Date of Poster Display	10.08.2026
Last Date of Submission	08.08.2026 (9:00 AM to 12:00 Noon)

Guidelines for the Poster

Size: A3 (297 × 420 mm)

Medium: Hand-drawn only

Drawing Materials: Water colour, poster colour, acrylic, oil pastel, crayon, coloured pencil, sketch pen, or mixed media

Language of the Caption: English, Bengali, Hindi

Orientation: Portrait or Landscape

Originality: Posters must be the participant's original work. Plagiarism or AI-generated artwork will lead to disqualification.

Identification: Participants must write their Name, Department, Semester, and Mobile Number at the right-hand bottom corner of the poster.

Submission Guidelines

1. Only one entry per participant is permitted.
2. Digital posters are not allowed.
3. Posters must be submitted on or before **08th August, 2026 (9:00 AM to 12:00 Noon)**, to any one of the following faculty coordinators:

- Dr. Patrali Ghosh, Department of Philosophy
- Dr. Sudakshina Ghosh, Department of Zoology
- Smt. Keka Das, Department of English

4. All submitted posters will be displayed on 10.08.2026.

5. A Participation Certificate will be awarded to each participant.

6. The decision of the judges will be final and binding.

All students are requested to make the best use of this opportunity to express their creativity and contribute to the mission of an addiction-free society.

Arunima Bhattacharya
30.7.26

Smt Arunima Bhattacharya
Convener
Personal Counselling Cell

Sutapa Ray

Dr Sutapa Ray
Principal

Principal

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