

**VIDYASAGAR COLLEGE FOR WOMEN
39, SANKAR GHOSH LANE
KOLKATA-700006**




**MEDICAL CELL ACTIVITY REPORT
2024-2025**

**WOMEN'S WELFARE AND LIFESTYLE MANAGEMENT
AND
THALASSEMIA DETECTION CAMP**



SEMINAR ON WOMEN'S WELFARE AND LIFESTYLE MANAGEMENT

 VIDYASAGAR COLLEGE FOR WOMEN
(NAAC ACCREDITED)
39, SANKAR GHOSH LANE,
KOLKATA-700006
PHONE:2241 8899

By

NOTICE Date: 01/08/2024

This is to notify that Vidyasagar college for Women (jointly organized by Gender cell and Medical cell) in collaboration with Rammohan College is going to organize an article writing competition on the following topic

Women welfare and Life skills development (Word limit 1000).
'স্বাস্থ্য রক্ষণ ও জীবন শৈলী'

The article on either of this topic must be submitted by 2-9-2024 to the following faculty members:

1. Sampa Barman (9836738497)
2. Ranju Tamang (9932298451)
3. Abhaya Dutta (9686904998)

An online student seminar will be conducted on 6-9-2024 by the student participants those articles will be screened as best article (top 4)

Selected articles will be published in the student magazine of this academic year.

Sampa Barman, Abhaya Dutta
Conveners,

Sampa Barman
01/08/24
Principal
Vidyasagar College for Women
Kolkata



VIDYASAGAR COLLEGE FOR WOMEN
 IN COLLABORATION WITH
RAMMOHAN COLLEGE
 ORGANIZES
STUDENTS' SEMINAR
Women's Welfare and lifestyle Management



PATRONS
DR. SUTAPA RAY
 PRINCIPAL, V.C.F.W.
DR. TAPAN ROY
 I.Q.A.C. COORDINATOR, V.C.F.W.
DR. SASWATI SANYAL
 PRINCIPAL, RAMMOHAN COLLEGE.



ORGANIZED BY
NARI SAMSDAD
(GENDER CELL),
MEDICAL CELL &
IQAC, VCFW

06.09.2024, 7:30 PM
 CLICK HERE FOR LINK:
[HTTPS://MEET.GOOGLE.COM/CSP-PETH-RKC](https://meet.google.com/CSP-PETH-RKC)
 OR OPEN MEET AND ENTER THIS CODE: CSP-PETH-RKC

REPORT OF ONLINE SEMINAR ON “WOMEN’S WELFARE AND LIFESTYLE MANAGEMENT”

Vidyasagar College for Women in collaboration with Rammohan College organizes Student’s Seminar on **Women’s Welfare and Lifestyle Management** dated **06.09.2024** at 7:30 P.M on Google Meet platform. Nari Samsad (Gender Cell), Medical Cell and IQAC, VCFW are the organizers of the Seminar. Chief Patrons are Dr. Sutapa Ray (Principal, VCFW), Dr. Tapan Roy (IQAC Coordinator, VCFW), and Dr. Saswati Sanyal (Principal, Rammohan College). Dr. Krishnandu Sarkar (IQAC Coordinator, Rammohan College) Dr. Uttama Ray and Kakuli Chatterjee (Joint Convenor of Women Cell, Rammohan College) are the invitees of the Seminar.

The Seminar started with a keynote address by Dr. Sutapa Ray (Principal, VCFW). Madam Ray laid down a lucid and enlightening talk focusing on the central theme. Dr. Tapan Roy (IQAC Coordinator, VCFW) throws light on women’s education which actually influences women’s welfare and lifestyle management. Dr. Abhaya Dutta (Convenor of Medical Cell, VCFW) pointed on social degradation issues in current situation playing a crucial role in moulding lifestyle management of women. Member of Gender Cell, Dr. Molly Ghosh gives a glimpse on the significance of lifestyle and life skill –both influencing women’s welfare and management.

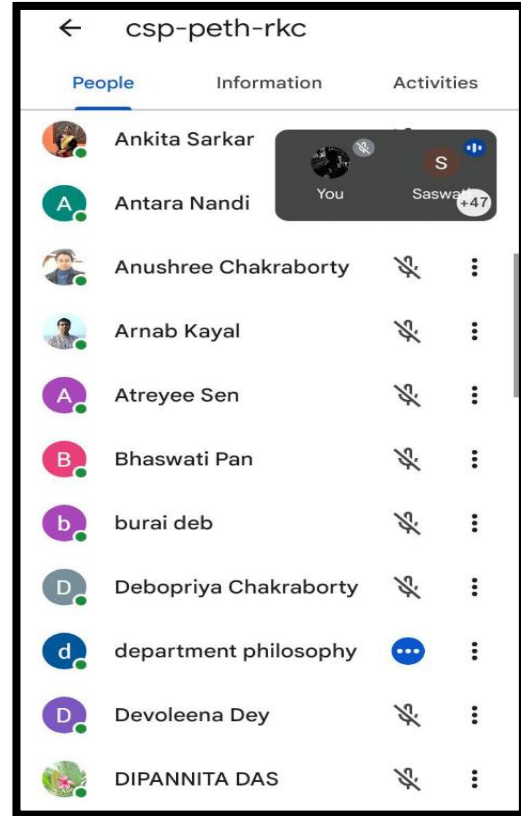
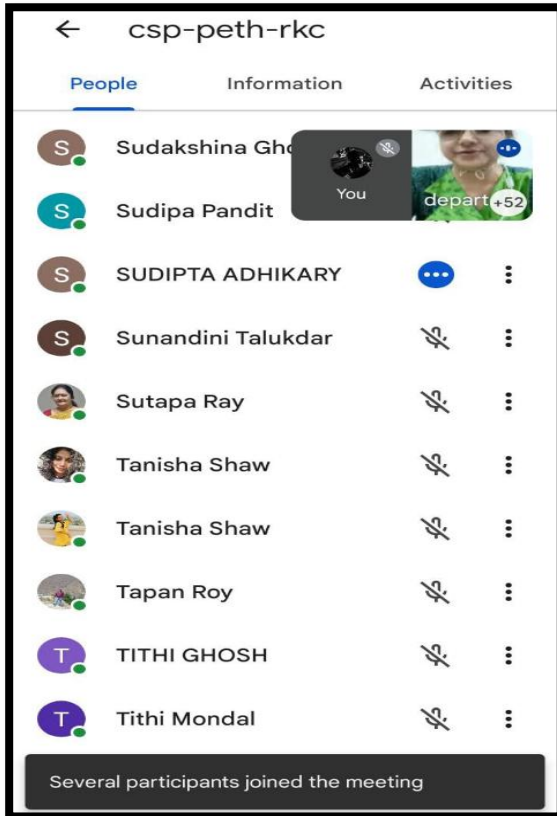
Finally, the Student’s Seminar started with each given five to ten minutes of time for their speech. **Bhaswati Pan**, student of VCFW was the first speaker. Her paper was ‘**Nari Kalyan o Bartoman Samajik Prekshapat**’ which deals with education and employment issues of women, various schemes of Government towards women’s welfare, laws implemented for

women's protection and security etc. Second speaker was **Tanisha Shaw**, History student of Rammohan College. Her paper named '**Women on Rise: Thriving Women and Holistic Harmony**'. She elaborated on how women should learn to say no to reduce mental stress. Practising yoga, reading books, physical exercise and meditation can give refreshing breaks to them and reduce stress. Third speaker was **Komal Shukla**, student of VCFW. Her paper entitled '**Women Welfare**'. She gave a glimpse on the importance of NGOs and how they playing important roles to safeguard women in our society. The fourth speaker was **Meghna Chatterjee**, Physiology student of VCFW. Her paper named '**Women Welfare and Lifeskill Management**'. Meghna focused on the idea that superstitions and old taboos should be eradicated and women should live happy life. They should share burden with their partners. The fifth and the last speaker was **Rajnandini Bhattacharyya**, Chemistry student of VCFW. Her paper named '**Women Welfare and Lifeskill Development**'. She vividly deals with health, education and economic progress of women.

The Seminar ended with Vote of Thanks by Dr. Sampa Barman (Convenor of Nari Samsad, VCFW). Near about sixty five (65) participants joined the Seminar and it was a great success.


ONLINE MEETING LINK: <https://meet.google.com/csp-peth-rkc>

SCREEN SHOTS OF PARTICIPANTS JOINED THE MEETING



meet.google.com/csp-peth-rkc

Meghna Chattrjee (Presenting)



- We can follow idea of people like...
- Iswar Chandra Bandopadhyay (Vidyasagar)
- Rokeya Shuklayat Hossain
- The ideas of Sahitry Bai Fulle of Maharashtra
- They are all progressive and secular. So they believe in gender equality in every sense.
- According to these great men women welfare should start from formal education.
- The curriculum of the education should be scientific and gender sensitive.

Meghna Chattrjee

Kajal Singh, Komal Shukla, Dr. Sampa Barman, 31 others, Ankita Biswas

8:35 PM | csp-peth-rkc

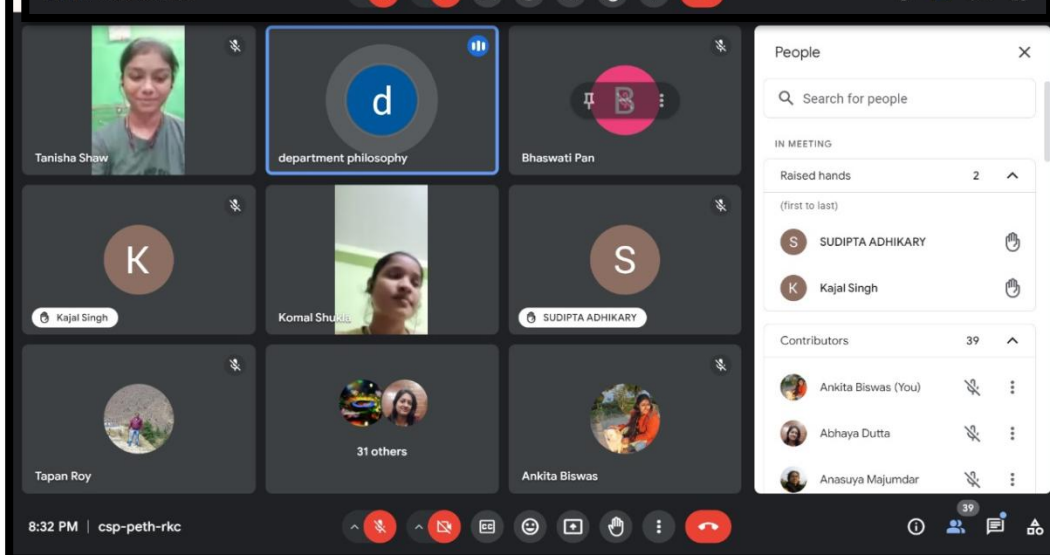
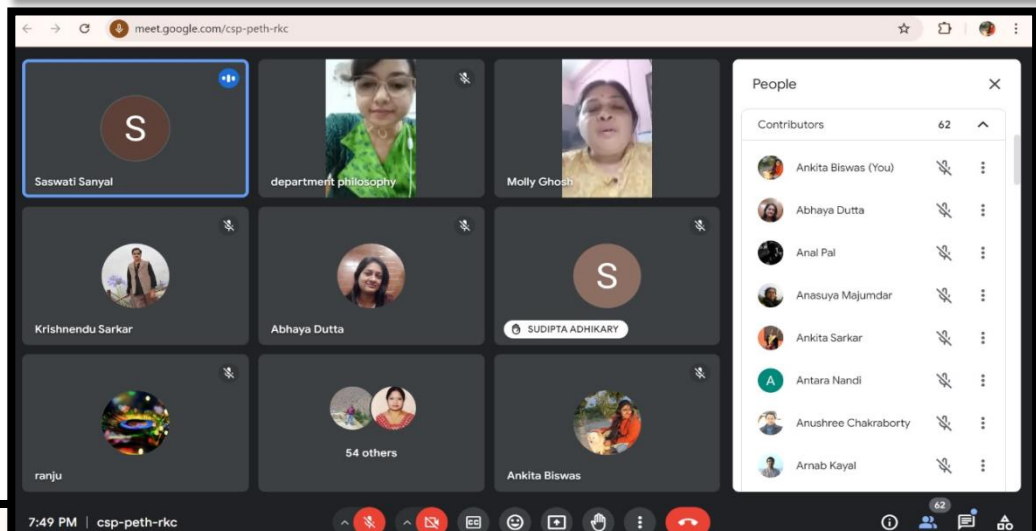
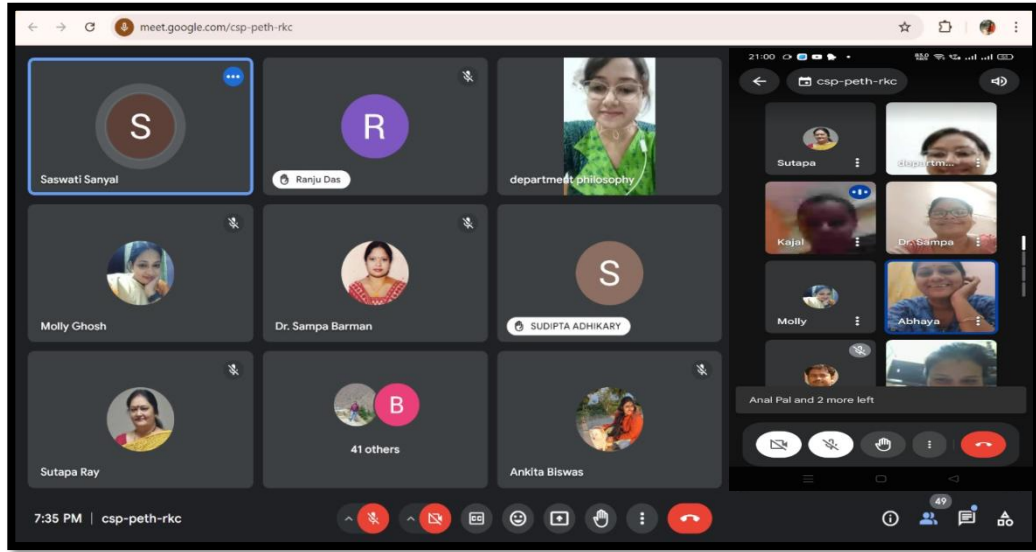
People

Contributors 36

- Ankita Biswas (You)
- Abhaya Dutta
- Anasuya Majumdar
- Anushree Chakraborty
- Arnab Kayal
- Atreyee Sen
- Baisakhi Halder
- Bhaswati Pan

Show desktop

IMPORTANT MOMENTS OF SEMINER



THALASSEMIA DETECTION CAMP

NOTICE AND FLYER

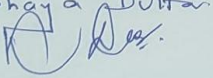
Vidyasagar College For Women

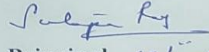
Notice

Members of the Medical cell and NSS Committee are requested to attend the meeting on 20.10.24 (Friday) at 12 Noon at New Building Principal's Room. The agenda for the meeting are as follows:

1. Thalassemia detection camp on 5th October..
2. Miscellaneous.

Conveners of Medical cell & NSS Committee

Abhaya Duttar



Principal 19/09/24

Vidyasagar College For Women
Principal
Vidyasagar College for Women
Kolkata



SIGNIFICANCE OF OUR THALASSEMIA DETECTION CAMP

Thalassemia is a group of inherited blood disorders caused by the abnormal production of hemoglobin, leading to anemia. Depending on the severity, it can be classified as minor (carrier) or major (requiring regular blood transfusions). The condition is prevalent in regions like South Asia, the Mediterranean, and the Middle East, making awareness crucial in these areas.

Colleges are ideal platforms for such initiatives as they cater to a demographic that is at a critical stage of life regarding marriage and reproduction.

1. Screening for Carriers:

Detection camps involve blood tests like hemoglobin electrophoresis or HPLC to identify carriers. Students who test positive can be counseled on genetic risks.

2. Educating the Youth:

Workshops and sessions can provide students with comprehensive information about the condition, its inheritance pattern, and preventive measures.

3. Promoting Preventive Healthcare:

Encouraging routine testing normalizes health screenings, fostering a culture of preventive care among the youth.

4. Reducing the Disease Burden:

By identifying carriers early, such camps play a role in breaking the chain of transmission, ultimately reducing the disease burden in the population.

Participant Volunteer's Name on 05/10/2024

Thalassemia Detection Camp_05.10.2024

Vidyasagar College for Women

Attendance

Name	College Name	Semester	Dept.	Sign
Rupsa samui	Vidyasagar College for women	Isem		
Subhi kumari shaw	GEOM285	3		
Nitu Bidhan Biswas	Surenranath college	3		
Chandra Das	Surenranath college	6	B.A. (Gen)	Chandra Das
Malika Das	Surenranath	5	B.A. (Gen)	Malika Das
Samata Santra	Vidyasagar College for Women	3		
Moumita Saha	Vidyasagar college for women	5th		
Beas Roy	Vidyasagar College For Women	5		
Dipannita Das	Vidyasagar College for women	5		
Papri DasBhakti	Vidyasagar college for women	5	B.Sc Chemistry (hon)	Papri DasBhakti
Madhumita Fadkar	Vidyasagar college for women	5	Chemistry	Madhumita Fadkar
Siradhya Jha	Vidyasagar college for women	1st		
Sohini Das	Vidyasagar college for women	1		
Farhana Ferdousa	Vidyasagar College for women	1		
Reshma Laskar	Surenranath college	5	B.A. (Gen)	Reshma Laskar
ARIF HOSSAIN	Surenranath college	Semester 5	B.Sc Gen	Arif Hossain
Nawaj Hossain	Surenranath College	5th sem	B.Sc (Gen)	Nawaj Hossain
Masud Ajar	Maulana Azad College	5	B.A. English Hon.	Masud Ajar
Prakriti gangun Mishra	Vidyasagar College for women	1st	BA Pol.Sc (hon)	Prakriti Gangun Mishra
Anjali Singh	Vidyasagar College for women	1st semester	BA Pol.Sc (hon)	Anjali Singh
Ratika Gupta	Vidyasagar College For Women	IV		
Babita kumari	Vidyasagar college for women	1		
Puja Banerjee	Vidyasagar college for women	3		
Barsha Jadab	Vidyasagar college for women	1st	B.A General	Barsha Jadab
Soumita Sardar	Surenranath College	3		
Mousumi Ghosh	Vidyasagar Metropolitan	1		
Swarupa Debnath	Surenranath college	1st		
MOU MONDAL	Surenranath college	1st		

Students Record (Thalassemia Detection Camp) 5.10.2024

Serial No.	Name	College Name	Semester	Department	Signature
1	Kajal Goh	Vidyasagar college for women	1st	Hindi honours	Kajal Goh
2	Barsha Rani Nayak	Vidyasagar college for women	1st	Hindi honours	Barsha Rani Nayak
3	Rajini shau	Vidyasagar College for Women	1st	General	Rajini shau
4	Shosthika Hazra	Vidyasagar college for women	1st	General	Shosthika Hazra
5	Ritvi Biswas	Vidyasagar college for women	1st	Honours (Bengali)	Ritvi
6	Souigita Das	Vidyasagar college for women		Bengali honours	Souigita Das
7	Moumita Rayen	Vidyasagar College for women		General	Moumita Rayen
8	Dimpal Singh	VCFW		General	Dimpal Singh
9	Sahana Parveen	VCFW		Physiology (hon)	Sahana Parveen
10	Aksha Parveen	VCFW		Physiology (hon)	Aksha Parveen

THALASSAEMIA DETECTION CAMP

05/10/24. ORGANIZED BY -

Teachers' Attendance Sheet: MEDICAL CELL

- N.S.S. UNIT
- 1) Tapan Roy 5/10/24
 - 2) Dr. SUBRATA KUMAR RAY 5/10/24
 - 3) Dr. ANUSKITA MANDAL AN 5/10/24
 - 4) Anusmita Bhattacharya Bhattacharya 5/10/24
 - 5) Shreevix Bala Bala 5/10/24
 - 6) Sudipa Pandit Pandit 5/10/24
 - 7) R. Das RA 5/10/24
 - 8) Dr. Ankita Das ADAS 5/10/24
 - 9) RANJU TAMANG R. Jay 5/10/24
 10. Sayantanee Bala SAYANTANI BALA Sayantanee Bal 5.10.24
 11. Anupal apal 05/10/24

SOME GLIMPSES OF THE EVENT



