



Vidyasagar College for Women (NAAC ACCREDITED)

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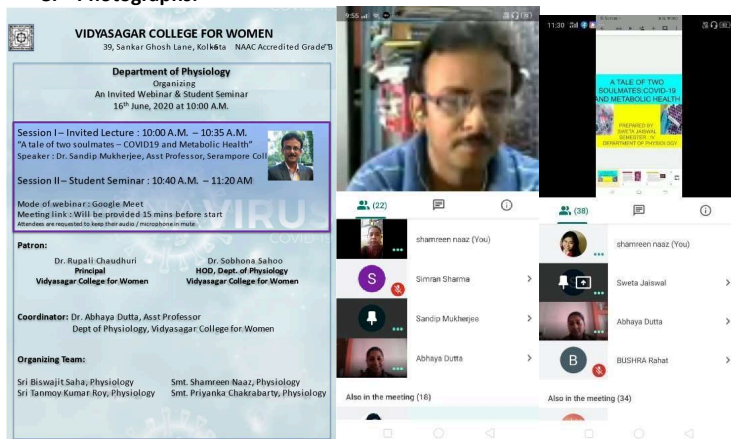
No


Date

Year: 2019-2020

1. **Name of the Activity:** Seminar
2. **Category:** Departmental Seminar with external Resource person
3. **Date, Time, and Venue:** 16th June 2020; Google Meet Platform: 10 am to 11 am
4. **Name of the Resource person:** Dr. Sandeep Mukherjee from Dept of Physiology, Sreerampore College, a well-known researcher in the field of Endocrinology and Reproductive Physiology
5. **No of Participants:** 64
6. **Brief Description:** Dr. Mukherjee has delivered a very contemporary talk on Covid 19 titled "A Tale of two soulmates-Covid 19 and metabolic health".
7. **Outcomes:** In the pandemic period our students were highly enriched by his lecture. At the very beginning of the pandemic outbreak when we had very little knowledge about SARS-Cov2, we learned many different aspects of this virus. Like its nature, mode of infection, and definitely its impact on different organ-systems and finally its health impact.

8. Photographs:




Principal
Vidyasagar College For Women
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Date

- 1. Name of the Activity:** Seminar
- 2. Category:** Student Seminar
- 3. Date, Time, and Venue:** 16th June 2020; Google Meet Platform: 11 am to 12.20 pm
- 4. Name of the Resource person:** Sweta Jaiswal, Bushra Khatoon, Baishakhi Saha, Sweta, Banita
- 5. No of Participants:** 60
- 6. Brief Description:**

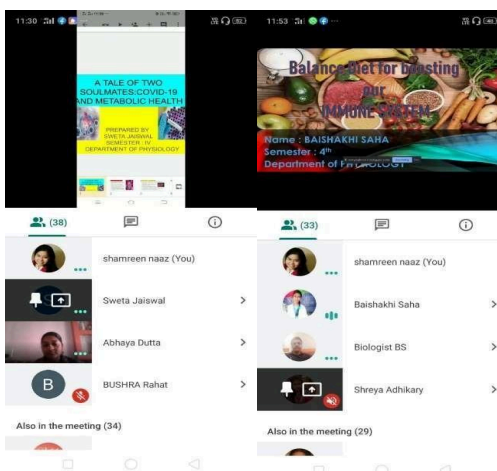
Sweta Jaiswal-Introduction to Corona Outbreak


Bushra Khatoon: Current scenario worldwide

Baishakhi Saha and Sweta: Balanced Diet and Immunoboosting

Banita Das: Corona Virus and Stress Management
- 7. Outcomes:** In the pandemic period our students were highly enriched by these seminar preparations. In the very beginning of the pandemic outbreak when we had very little knowledge about SARS-Cov2, we learned many different aspects of this virus. Like its nature, worldwide scenario, Dietary management, and Different methods of stress management.

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