## Year: 2019-2020

- 1. Name of the Activity: Seminar
- 2. **Category**: Departmental Seminar with external Resource person
- 3. **Date, Time, and Venue:** 16<sup>th</sup> June 2020; Google Meet Platform: 10 am to 11 am
- Name of the Resource person: Dr. Sandeep Mukherjee from Dept of Physiology, Srerampore
   College, a well-known researcher in the field of Endocrinology and Reproductive Physiology
- 5. No of Participants: 64
- Brief Description: Dr. Mukherjee has delivered a very contemporary talk on Covid 19 titled "A
   Tale of two soulmates-Covid 19 and metabolic health".
- 7. Outcomes: In the pandemic period our students were highly enriched by his lecture. At the very beginning of the pandemic outbreak when we had very little knowledge about SARS-Cov2, we learned many different aspects of this virus. Like its nature, mode of infection, and definitely its impact on different organ-systems and finally its health impact.

8. Photographs:



1. Name of the Activity: Seminar

2. Category: Student Seminar

3. Date, Time, and Venue: 16<sup>th</sup> June 2020; Google Meet Platform: 11 am to 12.20 pm

4. Name of the Resource person: Sweta Jaiswal, Bushra Khatoon, Baishakhi Saha, Sweta, Banita

5. No of Participants: 60

6. Brief Description:

**Sweta Jaiswal**-Introduction to Corona Outbreak

Bushra Khatoon: Current scenario worldwide

Bashakhi Saha and Sweta: Balanced Diet and Immunoboosting

**Banita Das:** Corona Virus and Stress Management

7. Outcomes: In the pandemic period our students were highly enriched by these seminar preparations. In the very beginning of the pandemic outbreak when we had very little knowledge about SARS-Cov2, we learned many different aspects of this virus. Like its nature, worldwide scenario, Dietary management, and Different methods of stress management.

## 8. Photographs:

